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ABSTRACT

With the steady rise in the number of women joining the workforce, fathers are taking on more responsibility for the nurturing of their children, partly by necessity but often by choice, while still retaining their "breadwinner" pressures. This book is intended to help men reconcile the demands of work and family. It is based on a decade of research on men's changing dynamics around work and family, conducted by The Fatherhood Project at the Families and Work Institute (FWI). Data include company case studies and reports from focus groups, interviews with over 200 working fathers in diverse occupations across industries, and an analysis of FWI's National Study of the Changing Workforce, a nationally representative survey of over 3,000 members of the U.S. labor force. Chapters are: (1) "Daddy Stress: The Invisible Dilemma"; (2) "Daddy Success: The Payoff for Fathers, Mothers, Companies, and Kids"; (3) "Creating the Father-Friendly Workplace"; (4) "Breaking the [Corporate] Culture Collusion"; (5) "Managing Paternity Leave: A Smart Investment"; (6) "Connecting with Your Family"; (7) "Staying Connected When You're Traveling"; (8) "Connecting through School, Day Care, and Other 'Significant Others'"; and the conclusion, "Working Fathers: Balancing the New Work-Family Equation." (EV)

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